



NALA

National Adult Literacy Agency
Áisíneacht Náisiúnta Litearthachta do Aosaigh

Sometimes it's the
little everyday things
in life that can become
the biggest problem.

**Want to be able to
help your kids with
their homework?**

Would you like to be more confident helping your children with their homework?

Improve your
reading, writing
and spelling

Develop and
learn new
computer skills

Get better
at maths

Work towards a
qualification or
get a qualification
for what you
already know

Yes? Call us.
1800 20 20 65
It's free.

Benefits of learning

By returning to education you will:

- Be more confident in yourself
- Find it easier to do everyday things like maths and spelling
- Have more opportunities to learn new skills
- Adapt better to new technology
- Be able to get a formal qualification if you want
- Get your current skills recognised (for example, if you are good at one subject you can do an assessment online and get a qualification for what you know)

Did you know?

There are over 50,000 adults improving their reading, writing and maths skills in local ETB Adult Education Centres around the country. So why not give yourself the best chance and start learning today.

There are lots of options

You can:

- Study online by yourself on www.writeon.ie
- Work with a tutor over the phone on our Distance Learning Service
- Learn in your local ETB Adult Education Centre

Or you can do a combination of these to suit your lifestyle.



**Everything
is free**

You decide what,
where and when
you want to learn.



**Call today
for a chat**

"I wanted to help my kids with their homework but maths was holding me back. NALA's Distance Learning Service allowed me to learn at home in my own time and now I find it easier to help my children when they come home from school. I can't believe how much I've learned in such a short time. It's given me the confidence to learn even more and now I'm thinking of working towards a national qualification."

What to do next?

Join thousands of people in Ireland today improving their skills and getting a national qualification. If you would like information about any of the options in this leaflet:



Ring NALA on 1800 20 20 65 or

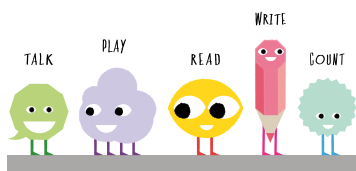


Freetext 'LEARN' to 50050. One of our friendly operators would be happy to talk to you.



Or log onto our website www.writeon.ie and start learning today.

Help My Kid Learn



Or why not check out our website www.helpmykidlearn.ie

It's packed full of simple ideas to help your child learn. It mixes the old with the new, from card games and hopscotch that help practise maths, to children's e-books and apps for reading and pleasure. Just enter your child's age and find lots of fun reading, writing and maths activities you can do together.